



# ARISE BEHAVIORAL AND WELLNESS HEALTH

Psychiatric Medication Management

## INTAKE FORM

Please provide the following information and answer the questions below. Please note: information you provide here is protected as confidential information. Please fill out this form and bring it to your first session.

Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Gender:  Male  Female

Ethnicity/national origin: \_\_\_\_\_ Race: \_\_\_\_\_

Marital Status:

Never Married  Domestic Partnership  Married  Separated  Divorced  Widowed

Please list any children/age: \_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number)

\_\_\_\_\_  
(City) (State) (Zip)

Home Ph: ( ) \_\_\_\_\_

May we leave a message?  Yes  No

Cell/Other Ph: ( ) \_\_\_\_\_

May we leave a message?  Yes  No

E-mail: \_\_\_\_\_

May we email you?  Yes  No

*\*Please note: Email correspondence is not considered to be a confidential medium of communication.*

\*How did you hear about us? \_\_\_\_\_

Permission to thank this person for the referral?  Yes  No

Emergency Contact: \_\_\_\_\_

Ph. # \_\_\_\_\_ Relationship: \_\_\_\_\_

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?

- No  
 Yes, previous therapist/practitioner:

\_\_\_\_\_



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Previous/Current Diagnosis: \_\_\_\_\_

Are you currently or have you ever taken any psychotropic medications? If yes, please list:

PAST MEDICATIONS	Dosage/Time s	Prescribed By	Taken as Prescribed?
CURRENT MEDICATIONS	Dosage/Time s	Prescribed By	Taken as Prescribed?

GENERAL HEALTH AND MENTAL HEALTH INFORMATION 1. How would you rate your current physical health? (please circle)

Poor                  Unsatisfactory                  Satisfactory                  Good                  Very good

Please list any specific health problems you are currently experiencing:  
\_\_\_\_\_  
\_\_\_\_\_

2. How would you rate your current sleeping habits? (please circle)

Poor                  Unsatisfactory                  Satisfactory                  Good                  Very good



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Please list any specific sleep problems you are currently experiencing:

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3. How many times per week do you generally exercise? \_\_\_\_\_

What types of exercise do you participate in? \_\_\_\_\_

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4. Please list any difficulties you experience with your appetite or eating patterns:

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5. Are you currently experiencing overwhelming sadness, grief, or depression?

No

Yes

If yes, for approximately how long?

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6. Are you currently experiencing anxiety, panic attacks, or have any phobias?

No

Yes

If yes, when did you begin experiencing this?

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7. Are you currently experiencing any chronic pain?

No

Yes

If yes, please describe:

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8. Do you drink alcohol more than once a week?  No  Yes

If yes, how often? \_\_\_\_\_ Do you binge drink? \_\_\_\_\_

9. How often do you engage recreational drug use?

Daily  Weekly  Monthly  Infrequently  Never



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10. Are you currently in a romantic relationship?  No  Yes If yes, for how long? \_\_\_\_\_

On a scale of 1-10, how would you rate your relationship? \_\_\_\_\_

11. What significant life changes or stressful events have you experienced recently:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### FAMILY MENTAL HEALTH HISTORY:

**In the section below, identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).**

*Please Circle and List Family Member(s)*

Alcohol/Substance Abuse yes/no \_\_\_\_\_

Anxiety yes/no \_\_\_\_\_

Abuse or Neglect yes/no \_\_\_\_\_ Bipolar Disorder

yes/no \_\_\_\_\_ Depression yes/no

\_\_\_\_\_

Domestic Violence yes/no \_\_\_\_\_

Eating Disorders yes/no \_\_\_\_\_ Schizophrenia

yes/no \_\_\_\_\_

Suicide Attempts yes/no \_\_\_\_\_



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## ADDITIONAL INFORMATION:

1. Status:  **F/T Employed**  **P/T Employed**  **F/T Student**  **P/T Student**  
(check one)

Employer: \_\_\_\_\_

School: \_\_\_\_\_

2. Do you consider yourself to be spiritual or religious?  No  Yes If yes, describe your faith or belief:

\_\_\_\_\_

\_\_\_\_\_

3. What do you consider to be some of your strengths?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. What do you consider to be some of your weaknesses?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. What would you like to accomplish out of your time in therapy?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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## Insurance Information

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
S.S. #: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Name of Insurance Company: _____
Policy ID # _____ Group ID: _____
Subscriber Name: _____ Subscriber DOB: _____
Relationship to Patient: _____

**Name of Secondary Insurance?** (if applicable) \_\_\_\_\_

Policy ID # \_\_\_\_\_ Group ID: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Subscriber DOB: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**Workers' Comp Insurance:** \_\_\_\_\_

Claim #: \_\_\_\_\_ Date of Injury \_\_\_\_\_

Adjustor : \_\_\_\_\_ Adjustor Ph. # \_\_\_\_\_

Address to send claims: \_\_\_\_\_

### Assignment Of Benefits

I authorize the release of any medical or other information necessary to process this claim to my insurance company. I also authorize payment of medical benefits to Arise Behavioral and Wellness Health, for services rendered to me.

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_



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